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# WELCOME LETTER

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### Welcomen Letter

### **Daniel Catalán-Matamoros**

1. President, International Organization of Mental Health Physiotherapy.

Dear Colleagues, Researchers, and Practitioners,

I am delighted to welcome the first issue of the Journal of Physiotherapy in Mental Health. As the President of the International Organization of Physical Therapists in Mental Health, I am honored to introduce this ground-breaking open-access journal specifically dedicated to the interplay of physical therapy and mental health. This journal will provide an exchange of knowledge, innovative research, and best practices within the area of mental health physiotherapy and a global community committed to advancing individual well-being through scientific-based approaches.

This journal is an important milestone in our field and meets an urgent need regarding comprehensive knowledge and therapies spanning the physical health-mental well-being continuum. The journal provides a publication, where all research studies and clinical innovations help to comprise the future landscape of mental health physiotherapy.

The Journal of Physiotherapy in Mental Health embraces a diverse range of topics, reflecting the multifaceted nature of our field. In the launch of this journal, not only a repository of knowledge is being created but also a vibrant, collaborative community is being fostered. The Journal of Physiotherapy in Mental Health will ensure the existence of a platform for dialogue, innovation, and collective progress to transform mental health care through physiotherapy.

On behalf of the international community of mental health physiotherapists, I would like to thank the editorial team for the development of the journal, for your support and dedication to advancing the field of mental health physiotherapy. Together, we can make a profound impact on the lives of individuals worldwide.

Warm regards,

### Prof. Daniel Catalán-Matamoros, PT, PhD

President, International Organization of Mental Health Physiotherapy